

**NORTH HILLS YMCA/BAIERL FAMILY  
YMCA/Janney and the Y NORTH PARK  
TRIATHLON**

**Established 1997**

**COURSE RECORDS  
(individuals only, no teams)**

**MEN**

**WOMEN**

Total                    55:21                    1:05:17  
Time                    Zach Leachman, 2024            Beth Shutt, 2012

Swim                    8:59                    10:07  
                          Eric Limkemann, 2004            Kathleen O'Dell, 1997

                          10:26\*\*  
                          Katie Siegal, 2002

Bike                    28:40                    33:14  
                          Zachary Giegel, 1997            Joan Wolfe-Baxter, 1998

                          27:04\*\*                    31:25\*\*  
                          Matt McWilliams, 2025            Beth Shutt, 2012

|     |                       |                    |
|-----|-----------------------|--------------------|
| Run | 16:29                 | 20:20              |
|     | Matt McWilliams, 2018 | Mollie Hebda, 2010 |

\*\* Beg. In 2001, Swim/bike (T1) trans. times put into the swim times

Before 2001, the swim split was taken near the exit of the pool area

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T2 always included in the bike split.