

**NORTH HILLS YMCA/BAIERL FAMILY  
YMCA/Janney and the Y NORTH PARK  
TRIATHLON**

**Established 1997**

**COURSE RECORDS  
(individuals only, no teams)**

	MEN	WOMEN
Total Time	55:29 John Reed, 2022	1:05:17 Beth Shutt, 2012
Swim	8:59 Eric Limkemann,2004	10:07 Kathleen O'Dell, 1997  10:26** Katie Siegal,2002
Bike	28:40 Zachary Giegel, 1997  27:24** Mike Meehan, 2019	33:14 Joan Wolfe-Baxter, 1998  31:25** Beth Shutt, 2012

Run

16:29

20:20

Matt McWilliams, 2018

Mollie Hebda, 2010

\*\* Beg. In 2001, Swim/bike (T1) trans. times put into the swim times

Before 2001, the swim split was taken near the exit of the pool area